



# Maidenhead Marlins Level 3 Meet

(Licence 3SE240115)

Braywick Leisure Centre, Braywick Road, Maidenhead SL6 1BN

Saturday 2<sup>nd</sup> and Sunday 3<sup>rd</sup> March 2024

Promoter's Conditions and Competition Rules

**This meet is affiliated to Swim England South East Region and will be held under Swim England laws and Swim England technical rules together with the conditions and rules described in this document ("Conditions").**

**This event is aimed at Club Swimmers in accordance with Swim England Open Meet Licensing Guidelines Level 3 and Swim England safe competition Guidelines.**

## AGE GROUPS

1. Age groups are 9, 10, 11, 12, 13, 14 and 15+
2. Ages are as at **3<sup>rd</sup> March 2024**.
3. Swimmers must be 9 years of age (or older) on 3<sup>rd</sup> March 2024.
4. Swimmers must be or have applied to be registered with the Swim England and may only enter events in their own age group.
5. As from 1st September 2023 competitions will have Female and Open/Male Categories. As from 1st September 2023 the Female category is for birth sex females in accordance with Swim England's Transgender and Non-Binary Competition Policy. By entering the 'Female' category, a swimmer confirms that their birth sex is female. The 'Open/Male' category is for athletes with a birth sex of male, trans or non-binary competitors and any competitor not eligible for the female category.

## EVENTS

6. Heats will be run with all ages seeded together based on entry times and the slowest swimmers first.
7. The promoter reserves the right to amend the Programme of Events in order to ensure the smooth running of the meet.
8. It is the responsibility of the individual to report to the stewarding area in sufficient time for each event.
9. The Promoters will not be held responsible for a swimmer missing the start of their particular heat.
10. Starts will be "over the top" where possible, at the Referee's discretion, to ensure that the events run to time in each session.

## AWARDS

11. All events will be operated on a heat declared winner basis and awards will be made to the top three placed swimmers in each age group as per point 1 above.
12. Presentations will not be made. Awards should be collected from the awards table.



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## ENTRIES

13. Entries will open at 9am on Saturday 13<sup>th</sup> January 2024. The **Closing Date** for entries is Midnight on Saturday 10<sup>th</sup> February 2024. Entries will be accepted on a first come-first served basis. The promoter reserves the right to bring forward the closing date once the maximum number of entries is reached.
14. All swimmers will be placed into heats based on their submitted entry times, slowest to fastest.
15. Entries must include date of birth and Swim England registration number details. The names and club for each swimmer must be the same as that registered with the Swim England.
16. Club entries *must* be made in an electronic format using the Hytek Team Manager entry software. The entry file set will be available for download via <http://www.maidenheadmarlins.com>. TeamUnify .sd3 files will also be accepted. Manual entries will not be accepted.
17. All clubs must return a fully completed signed Summary Entry Form by email. Entries will only be entered into our systems and processed once a fully completed signed Summary Entry Form and any fees due have been received and cleared.
18. Correct fees for entries, plus coach should be paid by direct bank transfer (please use your club name as a reference so that we can identify your payment).
19. Bank transfers should be made to the following account:

Account Name	:	Maidenhead Amateur Swimming Club
Account No	:	49327143
Sort code	:	60 – 13 – 35
Reference	:	[Your club name]
20. The Promoter reserves the right to restrict entries in order to meet allocated pool time or on health and safety grounds.
21. Any entry not accepted will be refunded in full; no other monies will be refunded. Funds for any entries not accepted will be available for collection in the coaches' packs at the start of the meet.
22. Entries must be received before the Closing Dates. Details of accepted entries will be posted on the Maidenhead ASC website and circulated to attending clubs as soon as possible after closing.
23. The submission of entries will indicate acceptance of these Conditions.
24. Withdrawals due to medical conditions issues must be supported with a medical certificate. Upon receipt of this, Maidenhead Marlins Swimming Club will refund the associated entry fees shortly after the meet has been completed.



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### CHARGES

- Entry Fees: £7.50 per event (to include the regional levy per event)
- Spectator Entry: £6.00 per session or £10 for the day. Children free. Payment by card is preferred.
- Coach Passes: £15.00 each to include lunch, refreshments and a car park pass. Please ensure you are providing adequate qualified supervisory personnel to comply with the Swim England Supervision Policy. Only competing swimmers and swimming coaches/Team Managers displaying the appropriate pass will be allowed on poolside for Health/Safety/Insurance reasons.

### OFFICIALS

25. Without sufficient licensed Swim England officials we will not be able to run this meet. We would really appreciate all clubs sending swimmers to provide names and contact details of as many willing officials as possible on the entry form. Thank you.

### FACILITIES

26. This gala will take place at **The Braywick Leisure Centre, Braywick Road, Maidenhead SL6 1BN** ("Braywick") which offers a ten lane 25m pool with anti wave lane ropes, automated officiating equipment.
27. Pay & Display parking is available at Braywick.
28. A secondary strobe light will not be available for this meet unless requested at the time of submission of entry.
29. Backstroke ledges will not be available for this meet.
30. The start end of the pool has a depth of 1.6m. The starting blocks are 63cm high.

### WARM UP

31. The pool will be available for warm up at the start of each session. Timings will be as indicated in the Schedule of Events and the Programme.
32. Swimmers should swim in the direction indicated by the lane direction cards during warm up.
33. Warm up marshals will be appointed, but coaches must supervise their swimmers during this period so as not to endanger themselves or others whilst in the water.



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34. Diving is not permitted during warm up except in designated sprint lanes as advised by the warm up marshals.
35. A training pool will also be available throughout the day for supervised swim down/warm up. This is subject to closure if it is not used appropriately by the athletes.

### GENERAL

36. For safety and comfort reasons, we request that all swimmers place their swimming bags in the lockers provided. The lockers require a small padlock to be brought with the swimmer. Large bags will not be allowed on poolside.
37. The changing rooms are unisex and will be patrolled during the Meet to ensure the safety of all the swimmers. It should also be noted that Braywick has security cameras in operation in this area. Only swimmers, officials, chaperones (Team Managers) and coaches with passes will be allowed into the changing area or poolside.
38. Possessions and articles must not be left unattended as neither the Promoters nor Braywick Leisure Centre will accept any liability for any loss or damage that may occur during the meet.
39. Swimmers must wear suitable clothing and footwear on the poolside. No wet clothing is allowed in the spectator seating area.
40. Clubs should be aware that the recommended ratio of adults to swimmers on poolside is 1:10.
41. Any conditions not covered in the competition rules will be dealt with in accordance with the laws of the sport and at the discretion of the Promoter. By submitting an entry, participants agree to be bound by any decisions made by the Promoter.

### HEALTH AND SAFETY

42. All participants must observe the safety precautions in operation at the Braywick Leisure Centre.
43. Swimmers and coaches must ensure that they take no action that could potentially endanger themselves or others.
44. Supervision and behaviour of the swimmers is the responsibility of their swimming clubs at all times.
45. Prior to leaving the pool area, swimmers must dry off and put on appropriate clothing and footwear.
46. It is the responsibility of competitors, coaches and clubs to ensure that all swimmers are competent to the standard of the Swim England Competitive Start Award. Competitors may start from the side or in the water.



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## DATA PROTECTION

47. Entries for this meet will be held and processed on a computer. By submitting entries, consent is deemed to have been given, as required by current legislation, to the holding and processing of personal information on a computer for the purposes of this event. It will then be subsequently deleted. Personal data, including submitted and recorded times, will be publicly available and accessible via the Internet before and after the meet.

## CONTACT DETAILS

48. The meet is promoted by Maidenhead Amateur Swimming club

49. For any information regarding the meet please see <http://www.maidenheadmarlins.com> in the first instance (select the Own Open Meets Information item on the main menu).

50. For queries and submission of electronic entry files please email [openmeets@maidenheadmarlins.com](mailto:openmeets@maidenheadmarlins.com)

## QUALIFYING TIMES

### UPPER AND LOWER QUALIFYING TIMES

Upper and lower qualifying times apply for this meet. This is a first come first served meet. NT entries will be accepted for 50m and 100m events.

## REGISTRATION

There will be no signing in. Once an entry has been accepted, a competitor shall swim or give notice of withdrawal. Notice of withdrawals from a club should be given to the Recorders before the following times:

Session 1 : - 17:00 on Friday 1<sup>st</sup> March 2024

Session 2 : - One hour before warm up

Session 3 : - 17:00 on Saturday 2<sup>nd</sup> March 2024

Session 4 : - One hour before warm up



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## SCHEDULE OF EVENTS

<b>Session 1</b> Saturday 2 <sup>nd</sup> March 2024 am	<b>Session 2</b> Saturday 2 <sup>nd</sup> March 2024 pm
<b>Warm Up: 12:00</b> <b>Start Time: 12:45</b> <b>Estimated Finish Time: TBC</b>	<b>Warm Up: TBC</b> <b>Start Time: TBC</b> <b>Estimated Finish Time: TBC</b>
101. Open/Male 400 Freestyle	201. Female 400m Individual Medley
102. Female 200m Individual Medley	202. Open/Male 200m Freestyle
103. Open/Male 100m Breaststroke	203. Female 100m Butterfly
104. Female 50m Butterfly	204. Open/Male 50m Backstroke
105. Open/Male 100m Freestyle	205. Female 100m Backstroke
106. Female 200m Backstroke	206. Open/Male 200m Breaststroke
107. Open/Male 200m Butterfly	207. Female 50m Freestyle
108. Female 50m Breaststroke	208. Open/Male 100m Individual Medley

<b>Session 3</b> Sunday 3 <sup>rd</sup> March 2024 am	<b>Session 4</b> Sunday 3 <sup>rd</sup> March 2024 pm
<b>Warm Up: 10:30</b> <b>Start Time: 11:15</b> <b>Estimated Finish Time: TBC</b>	<b>Warm Up: TBC</b> <b>Start Time: TBC</b> <b>Estimated Finish Time: TBC</b>
301. Female 400 Freestyle	401. Open/Male 400m Individual Medley
302. Open/Male 200m Individual Medley	402. Female 200m Freestyle
303. Female 100m Breaststroke	403. Open/Male 100m Butterfly
304. Open/Male 50m Butterfly	404. Female 50m Backstroke
305. Female 100m Freestyle	405. Open/Male 100m Backstroke
306. Open/Male 200m Backstroke	406. Female 200m Breaststroke
307. Female 200m Butterfly	407. Open/Male 50m Freestyle
308. Open/Male 50m Breaststroke	408. Female 100m Individual Medley



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## QUALIFYING TIMES

Female	Age 9		Age 10		Age 11		Age 12		Age 13		Age 14		Age 15/O	
	upper	lower	upper	lower	upper	lower	upper	lower	upper	lower	upper	lower	upper	lower
50 Free	00:30.40	NT	00:30.30	NT	00:29.10	NT	00:28.60	NT	00:28.00	NT	00:27.90	NT	00:27.50	NT
100 Free	01:06.50	NT	01:06.10	NT	01:03.50	NT	01:02.20	NT	01:00.40	NT	00:59.90	NT	00:58.70	NT
200 Free	02:24.90	03:45.00	02:24.40	03:35.00	02:18.00	03:20.00	02:14.20	03:10.00	02:11.20	03:05.00	02:10.30	02:50.00	02:08.00	02:45.00
400 Free	05:07.00	06:30.00	05:05.50	06:20.00	04:52.90	06:10.00	04:44.20	06:00.00	04:34.80	05:50.00	04:29.40	05:40.00	04:24.00	05:30.00
50 Breast	00:40.00	NT	00:39.30	NT	00:37.70	NT	00:36.20	NT	00:35.50	NT	00:35.50	NT	00:34.10	NT
100 Breast	01:26.50	NT	01:25.90	NT	01:22.00	NT	01:19.50	NT	01:16.60	NT	01:16.60	NT	01:14.80	NT
200 Breast	03:05.00	04:30.00	03:03.70	04:20.00	02:57.80	04:10.00	02:51.50	04:10.00	02:50.10	04:10.00	02:48.20	03:45.00	02:43.00	03:45.00
50 Fly	00:33.50	NT	00:33.20	NT	00:31.60	NT	00:31.10	NT	00:30.20	NT	00:30.20	NT	00:29.30	NT
100 Fly	01:15.00	NT	01:15.00	NT	01:11.50	NT	01:09.80	NT	01:06.60	NT	01:06.60	NT	01:04.30	NT
200 Fly	02:55.50	04:00.00	02:55.50	04:00.00	02:42.70	03:45.00	02:39.70	03:45.00	02:34.00	03:30.00	02:31.30	02:55.00	02:26.70	02:55.00
50 Back	00:34.70	NT	00:34.70	NT	00:33.50	NT	00:32.60	NT	00:31.90	NT	00:31.90	NT	00:30.50	NT
100 Back	01:14.90	NT	01:14.90	NT	01:11.20	NT	01:09.20	NT	01:07.50	NT	01:07.50	NT	01:04.80	NT
200 Back	02:44.30	04:00.00	02:40.30	04:00.00	02:33.10	03:45.00	02:29.00	03:45.00	02:26.70	03:30.00	02:26.70	02:55.00	02:18.30	02:55.00
100 IM	01:25.00	NT	01:25.00	NT	01:22.00	NT	01:17.50	NT	01:12.50	NT	01:10.50	NT	01:05.00	NT
200 IM	02:43.40	04:00.00	02:43.40	04:00.00	02:36.80	03:45.00	02:32.90	03:45.00	02:30.10	03:30.00	02:29.20	02:55.00	02:24.20	02:55.00
400 IM	05:47.90	07:00.00	05:47.90	06:50.00	05:35.10	06:40.00	05:22.80	06:30.00	05:21.00	06:20.00	05:07.90	06:10.00	05:01.30	06:00.00

Open/Male	Age 9		Age 10		Age 11		Age 12		Age 13		Age 14		Age 15/O	
	upper	lower	upper	lower	upper	lower	upper	lower	upper	lower	upper	lower	upper	lower
50 Free	00:30.50	NT	00:30.50	NT	00:28.40	NT	00:26.90	NT	00:25.20	NT	00:24.40	NT	00:23.80	NT
100 Free	01:05.90	NT	01:05.90	NT	01:01.80	NT	00:58.50	NT	00:54.70	NT	00:53.50	NT	00:52.20	NT
200 Free	02:24.20	03:45.00	02:24.20	03:35.00	02:14.70	03:20.00	02:08.40	03:10.00	02:00.70	03:05.00	01:59.30	02:50.00	01:57.00	02:45.00
400 Free	05:06.20	06:30.00	05:06.20	06:20.00	04:45.40	06:10.00	04:33.40	06:00.00	04:10.60	05:50.00	04:09.80	05:40.00	04:08.10	05:30.00
50 Breast	00:40.30	NT	00:40.30	NT	00:37.20	NT	00:34.60	NT	00:32.30	NT	00:31.70	NT	00:29.80	NT
100 Breast	01:28.30	NT	01:28.30	NT	01:21.40	NT	01:16.30	NT	01:09.90	NT	01:07.70	NT	01:06.30	NT
200 Breast	03:09.40	04:30.00	03:09.40	04:20.00	02:54.80	04:10.00	02:46.30	04:10.00	02:33.30	04:10.00	02:31.50	03:45.00	02:25.30	03:45.00
50 Fly	00:33.70	NT	00:33.70	NT	00:31.40	NT	00:29.10	NT	00:27.70	NT	00:26.70	NT	00:25.90	NT
100 Fly	01:17.40	NT	01:17.40	NT	01:10.40	NT	01:05.20	NT	01:00.80	NT	00:58.60	NT	00:57.10	NT
200 Fly	03:02.10	04:00.00	03:02.10	04:00.00	02:42.60	03:45.00	02:30.30	03:45.00	02:19.30	03:30.00	02:12.90	02:55.00	02:12.90	02:55.00
50 Back	00:35.70	NT	00:35.70	NT	00:33.00	NT	00:31.00	NT	00:29.40	NT	00:28.90	NT	00:27.20	NT
100 Back	01:16.30	NT	01:16.30	NT	01:11.20	NT	01:06.90	NT	01:01.90	NT	01:00.30	NT	00:58.00	NT
200 Back	02:42.70	04:00.00	02:42.70	04:00.00	02:31.30	03:45.00	02:23.00	03:45.00	02:15.80	03:30.00	02:12.20	02:55.00	02:10.50	02:55.00
100 IM	01:25.00	NT	01:25.00	NT	01:22.00	NT	01:17.50	NT	01:12.50	NT	01:10.50	NT	01:05.00	NT
200 IM	02:44.10	04:00.00	02:44.10	04:00.00	02:33.50	03:45.00	02:25.11	03:45.00	02:14.60	03:30.00	02:13.40	02:55.00	02:13.40	02:55.00
400 IM	06:06.40	07:00.00	05:47.90	06:50.00	05:27.10	06:40.00	05:05.00	06:30.00	04:40.50	06:20.00	04:40.50	06:10.00	04:40.50	06:00.00



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## SUMMARY ENTRY FORM

CLUB	
CONTACT Name	
CONTACT ADDRESS	
EMAIL	
TELEPHONE NUMBER	
Total number of swimmer entries	
Total cost of swimmer entries	@ £7.50 each
Number of coach passes	
Total cost of coach passes	@ £15 each
Total value of BACS transfer (Please make BACS transfer to Maidenhead ASC)	